



**Straight strokes** focus on maintaining a consistent width throughout the stroke. Try pulling strokes (top to bottom), pushing strokes (bottom to top) and horizontal strokes from both directions. Also, try varying the lengths of the strokes to get accustomed to both wrist and full arm movements.



**Tapered pressure/release strokes** Begin with putting pressure on the brush for a heavy stroke, then slowly lift the brush to end with a light taper. Try pulling strokes, pushing strokes and horizontal strokes from both directions. Also, try varying the lengths of the strokes to get accustomed to both wrist and full arm movements.



**Pressure & Release** Start with a heavy stroke, then gently lift the brush to make the stroke lighter and tapered. Try starting with a light stroke, and try this as horizontal strokes.



**Transitional stroke** Start with a light upstroke, then slowly pull the brush around into a heavy down stroke. Pay close attention to the transition from light to heavy and vice versa.

**Freeform strokes** Have fun! Experiment with strokes of different shapes, sizes, lengths and tapers.

